

*“Christian healing is a process that involves the totality of our being; body, mind, emotion, spirit and our social context – and that directs us toward becoming the person God is calling us to be at every stage of our living and our dying...Jesus meets us in our brokenness and pain and there loves, transforms, forgives, redeems, resurrects and heals... Because the Holy Spirit is continually at work in each of us, pushing us towards wholeness, the process of healing is like removing sticks and leaves from a stream until the water runs clear. If we simply get out of the way of God’s work in us, we can trust that we are being led to particular kind of wholeness God wills for us.”*

*--Stretch Out Your Hand: Exploring Healing Prayer* by Robert D. Webber and Tilda Norberg, founder of Gestalt Pastoral Care and a United Methodist Minister, Staten Island, NY

For more information on Gestalt Pastoral Care, visit: [www.gestaltpastoralcare.com](http://www.gestaltpastoralcare.com)

**For Gestalt Pastoral Care,  
contact:**

**Rev. Betty Voigt, M.Div.  
724-852-4233**

**[holyground@windstream.net](mailto:holyground@windstream.net)**

Betty has experienced God’s healing in her own life through Gestalt Pastoral Care (GPC) and has connected many others to this healing ministry. In conjunction with her own healing journey she began studying with Tilda Norberg, the founder of GPC, in 1989 and then started incorporating GPC into her work as pastor, retreat leader, and spiritual companion.

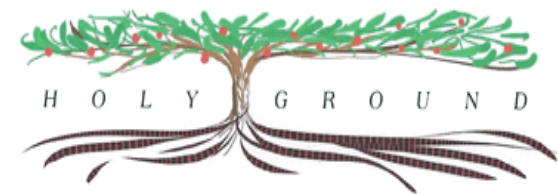
Betty holds an M.Div. degree from Pittsburgh Theological Seminary and is an ordained minister in the Presbyterian Church (USA). Her particular “calling” since 1998 has been to attend to her own communion with God through contemplative living and to accompany others on their spiritual journeys. She completed the Certificate Program from Shalem in Spiritual Guidance and is validated by her denomination to a ministry of Spiritual Direction and Gestalt Pastoral Care.

Married and the mother of two grown children and two grandchildren, she and her husband enjoy traveling, reading, walking and biking.

## ***Gestalt Pastoral Care***

- Christian healing
- Personal growth
- Spiritual discernment

A Ministry of



625 Pettit Rd  
Sycamore, PA 15364  
[www.holygroundhermitage.org](http://www.holygroundhermitage.org)

### **DESCRIPTION**

*Gestalt Pastoral Care* is a model of healing ministry that integrates:

Gestalt Therapy;  
Spiritual Companionship;  
and Healing Prayer.

Gestalt Pastoral Care rests on the belief that God's healing grace is available to us, and that God desires to heal holistically—body, mind, spirit, emotions and social context—in a way that is unique for each person.

The Holy Spirit is always nudging us to grow in some way that will help us become more fully the true human persons we are intended to be for the world. A Gestalt Pastoral Care guide assists others in paying attention to the present invitations of the Holy, gently pushing for awareness.



## OFFERINGS

Individual Sessions are available on a bi-weekly or monthly basis; about one

hour in length. The work is done at Betty's home in Sycamore, PA. Please contact for appointments.

*Suggested donation: \$40-\$60/session*

"Opening to Grace" Workshops are held on Saturdays throughout the year. These offer you a time for growth and healing while drawing strength from the gathered church by allowing others to lay hands on you and pray for you. Full participants have time to be the focus of the GPC work; observer-intercessors participate fully by agreeing to be very present and to pray in a focused way. Many find that this group work is a very powerful way to experience God's healing. For workshop dates check [www.holygroundhermitage.org](http://www.holygroundhermitage.org) or contact Betty [holyground@windstream.net](mailto:holyground@windstream.net)

*Suggested donation: \$90 full participant  
\$35 observer intercessor*

## EXPECTATIONS

You can expect a guide who is open to healing prayer and trusts that God is able and willing to heal.

You can expect to discover how God is nudging you from the inside to grow in particular ways.

You can expect the uniqueness of your own journey to be honored. The way for one person may not be right for another.

You can expect your guide to be a coach, not an answer-giver or analyst.

You can expect to be treated as an expert about yourself. Gestalt Pastoral Care is about helping you discover what you don't know you know.

You can expect to be invited to work with Gestalt Pastoral Care experiments --actions that catch where you are and quite possibly open the way to discovery and change.

You can expect a holistic approach—matters of emotion, spirit, body, mind, and relationships all interact together. Attention is given to each aspect of one's being.